

# Trapezium Wrist Rest Compact



**Unique design:** Trapezium form follows the natural arm and wrist position

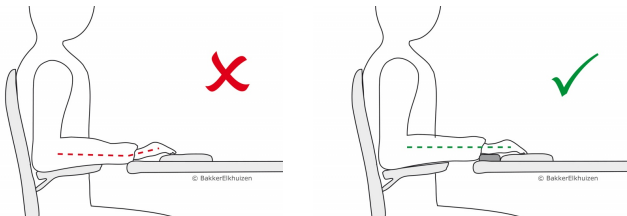
**Hygienic:** antibacterial technology

**Comfortable:** soft and firm cushioning gel supports wrists

**Ergonomic:** keeps your wrist inline with hand and arm

**Size:** 33cm wide is ideal for compact keyboard (also 49cm wide for full-size keyboards available)

**Eco:** recycled material



## Research

A too soft wrist rest can result in fixation of the wrist, which in turn results in even greater muscle strain. Holding one's wrist at the right height is important, it must be kept as level as possible with the keyboard. This keeps the wrist posture most neutral.

## Specifications

Dimensions:	330 x 13 x 80 mm (W x D x H)
Weight:	275 g
Product code:	BNETWRC



1



1. with compact keyboard

2. robust, yet comfortable

2



## Health & Safety Regulations

When working with a keyboard and mouse it is important that the arm is sufficiently supported. This can be done by using a good armrest on the desk chair or a separate armrest. An armrest reduces muscle tension in one's arm and shoulder and promotes comfort. A wrist support helps to keep the wrist straight during typing and can be used 'to rest' for a moment during one's work.