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FootFidget® Appoints Prestige International to be the Exclusive Distributor of The Office FootFidget®, a Dynamic Foot Device that is NEAT™-certified, to Office Ergonomic Customers

The Office FootFidget®, a patented dynamic foot rest that provides ergonomic positioning either sitting or standing, has appointed Prestige International as their exclusive distributor to Office Ergonomic value-added retailers/distributors in the United States.

“The Office FootFidget® was launched at NeoCon 2016 introducing our patented dynamic foot rest into brand new markets and customers specifically through the Office Ergonomic channel,” said Robin Singer, PT – co-owner and inventor of the Office FootFidget®. “We recognize that Prestige is the expert and authority for the distribution of ergonomic solutions. We are excited at the opportunity to work with them to provide positive health solutions in the workplace.”

The Office FootFidget® was designed by two Physical Therapists to provide an ideal ergonomic solution utilized either sitting or standing in the office. The Office FootFidget® is a dynamic foot rest that is portable, adjustable, and can be used by anyone regardless of height, weight or level of fitness. The Office FootFidget® is a truly unique ergonomic product that is a requirement to enhance the work environment while sitting or standing!

The Office FootFidget® is a “non-exercise activity” which can be used throughout the day to provide increased activity either sitting or standing. It is NEAT™-certified. NEAT™ stands for the science of Non Exercise Activity Thermogenesis developed by Mayo Clinic.

Recent research on the FootFidget®, titled "Chair based fidgeting and energy expenditure" has been published in BMJ Open Sport & Exercise Manual, Volume 2, Issue 1: “This study found that calorie expenditure increased significantly while using the FootFidget® when compared to a standard office chair” (<http://bmjopensem.bmj.com/content/2/1/e000152>).

Classroom Seating Solutions (CSS - DBA Office FootFidget®) was founded in by two Physical Therapists –Robin Singer, PT and Kathy Spinabella, PT in 2010 in Fox River Grove, Illinois. The co-owners/inventors initially researched and designed standing desk conversion kits with attachable FootFidgets to aide students in the classroom – facilitating ergonomic positioning to facilitate learning in the school setting at a competitive price. The CSS were in the forefront to combat the sedentary classroom: to encourage movement and standing in order to increase focus, attention, alertness, comfort through ergonomic positioning, and to provide the potential to have a positive influence on the childhood obesity epidemic. The response and benefits to students has been outstanding, bringing students the needed alternative to be successful in the classroom.

We are now introducing the Office FootFidget® to provide the same positive results to adults who are also negatively impacted by the sedentary environment in the work place, and everyday life. Without the proper positioning while either sitting or standing, increased strain on the low back occurs. Health Benefits with the Office FootFidget® may include; ergonomic positioning, increased caloric output, improved focus, energy and performance in the office. For more information, please visit: www.footfidget.com

NEAT™-certified is a trademark of Mayo Foundation for Medical Education and Research and used under license.”

About Prestige International

Prestige International is the largest ergonomic workstation products and accessories distributor in the United States. Prestige aims to promote healthy living and sustainability with a line of award-winning ergonomic, environmentally friendly office workstation accessories. For more information, please visit: www.team-prestige.com.